

### 3. NATIONAL NO PLASTIC DAY

*At present, plastic pollution has become a serious global problem. Billions of plastic bags are thrown every year across the world. These plastic bags block the flow of drains, and moving further, they reach rivers and oceans. Since plastic does not get naturally disintegrated, it affects the life and environment in adverse manner. Due to plastic pollution millions of animals and birds are killed at the global level, which is a worrisome aspect in terms of environment balance.*

*Burning plastic waste usually emits carbon dioxide and carbon monoxide gases, can cause diseases of the respiratory tract or skin, also burning of polystyrene plastic which produces chloro fluoro carbons, which is harmful to the ozone layer of the atmosphere. It is the duty of the society to live up the saying that nature is the unique gift of God. Therefore, the people have to come forward to prevent the pollution caused by polyethylene, and everyone has to be involved in dealing with it at one's own level.*

*As responsible citizens and students, we the students of UCW [kotij] made a move for rally to bring awareness in public about not to use plastic in current system. As an NSS volunteer we made this rally on the topic STOP USING PLASTIC and made the rally successful. We all refreshed with breakfast followed by seminar in seminar hall. Seminar got started with the welcoming of guests and introduction of volunteers and organising team by Asra Banu.*

*Our chief guest, guest of honour, principal mam and PO's gave an emotional speeches and inspired us about not to use plastic. They clearly mentioned about the problems faced by us and our future generation for using plastic. Finally the programme ended with the vote of thanks by NSS Volunteers. We got refreshed with the refreshments and by the speeches.*

*We have learned so many things by this session. Plastic not only affects humans but also environment and animals. We are affected by plastic because we are*

*unaware of the consequences of using plastic. Research shows that it takes 500-1000 years for plastic to degrade. The plastic we are using is not going anywhere; it is between us without degrading since years. This is how we are affected by the use of plastic.*





